IFG Primary



WEEK I	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Pasta Bolognaise & Garlic Slice	Mild Chicken Korma & 50/50 Rice	Roast Chicken Stuffing, Roast Potatoes, Yorkshire Pudding & Gravy	Chinese BBQ Chicken With 50/50 Rice	Fish Fingers & Chips
VEGETARIAN MAIN MEAL	Vegan Lentil Bolognaise & Garlic Slice	Sweet Potato & Chickpea Korma With 50/50 Rice	Vegan Sausage Puff	Wholemeal Margarita Pizza	Beany Enchilada & Chips
VEGETABLES	Garden Peas, Sweetcorn	Carrots, Green Beans	Steamed Root Vegetables, Garden Peas	Sweetcorn, Broccoli	Garden Peas, Baked Beans
JACKET POTATOES	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese
PUDDING	Shortbread Finger & Yoghurt Dip	Marbled Sponge & Custard	Fruity Yoghurt	Peach Crumble & Custard	Chocolate Brownie Sundae
PICK & MIX SANDWICHES & DESSERT	Halal Chicken Roll Or Cheese Sandwich - Shortbread Finger & Yoghurt Dip	Halal Chicken Salad Sandwich Or Tuna Mayo Sandwich - Marbled Sponge & Custard	Tuna Mayo Roll Or Cheese Sandwich - Fruity Yoghurt	Tuna Mayo Sandwich Or Halal Chicken Roll - Peach Crumble & Custard	Cheese Sandwich Or Tuna Mayo Roll - Chocolate Brownie Sundae







IFG Primary

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2	HONDAI	TOLOGAT	WEDNESDAI	MORODAT	INDAI
MAIN MEAL	Halal Chicken Sausage & Mash With Onion Gravy	BBQ Chicken Pizza & Baked Potato Wedges	Roast Turkey, Stuffing, Roast Potatoes, Yorkshire Pudding & Gravy	Chicken Chili Con Carne With 50/50 Rice	Baked Fish & Chips
VEGETARIAN MAIN MEAL	Plant Based Cumberland Sausage & Mash & Gravy	Bean & Vegetable Tagine & 50/50 Rice	Macaroni Cheese Bake	Pizza Wrap With 50/50 Rice	Tomato & Basil Pasta
VEGETABLES	Carrots, Broccoli	Sweetcorn, Baked Beans	Roasted Root Veg, Spring Greens	Green Beans, Corn Cobettes	Baked Beans, Peas
JACKET POTATOES	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese
PUDDING	Chocolate Crispy Cake & Custard	Raspberry Jam Sponge & Custard	Apple & Berry Yoghurt Fool	Sticky Pineapple Upside Down Sponge & Ice Cream	Chocolate Chip Cookie Yoghurt Dip
PICK & MIX SANDWICHES & DESSERT	Halal Chicken Roll Or Cheese Sandwich - Chocolate Crispy Cake & Custard	Halal Chicken Salad Sandwich Or Tuna Mayo Sandwich - Raspberry Jam Sponge & Custard	Tuna Mayo Roll Or Cheese Sandwich - Apple & Berry Yoghurt Fool	Tuna Mayo Sandwich Or Halal Chicken Roll - Sticky Pineapple Upside Down Sponge I Ice Cream	Cheese Sandwich Or Tuna Mayo Roll - Chocolate Chip Cookie Yoghurt Dip







IFG Primary

_				- 11
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Meatballs With Tomato & Basil Pasta	Sweet & Sour Chicken With 50/50 Rice	Roast Chicken, Stuffing, Roast Potatoes, Yorkshire Pudding & Gravy	Beef Bolognaise With Garlic Slice	Fish Fingers & Chips
Roast Squash & Bean Tacos	Quorn Hot Dog Diced Potatoes	Chickpea & Tomato & Pepper Parcel	Red Lentil Roasted Vegetable Pasta	Leek & Cheddar Quiche
Broccoli, Carrots	Green Beans, Sweetcorn	Roasted Root Vegetables, Peas	Broccoli, Carrots	Garden Peas, Baked Beans
Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese	Baked Beans, Tuna Mayo, cheese
Lemon & Sultana Oat Cookie	Sticky Lemon Sponge & Custard	Chocolate Brownie & Chocolate Sauce	Pear Oat Crumble & Custard	Apple & Berry Fool
Halal Chicken Roll Or Cheese Sandwich - Lemon & Sultana Oat Cookie	Halal Chicken Salad Sandwich Or Tuna Mayo Sandwich - Sticky Lemon Sponge & Custard	Tuna Mayo Roll Or Cheese Sandwich - Chocolate Brownie & Chocolate Sauce	Tuna Mayo Sandwich Or Halal Chicken Roll - Pear Oat Crumble & Custard	Cheese Sandwich Or Tuna Mayo Roll - Apple Berry Fool
	Chicken Meatballs With Tomato & Basil Pasta Roast Squash & Bean Tacos Broccoli, Carrots Baked Beans, Tuna Mayo, cheese Lemon & Sultana Oat Cookie Halal Chicken Roll Or Cheese Sandwich Lemon & Sultana Oat	Chicken Meatballs With Tomato & Basil Pasta Roast Squash & Bean Tacos Green Beans, Sweetcorn Baked Beans, Tuna Mayo, cheese Lemon & Sultana Oat Cookie Halal Chicken Roll Or Cheese Sandwich Lemon & Sultana Oat Cookie Sticky Lemon Sponge & Custard Halal Chicken Salad Sandwich Or Tuna Mayo Sandwich Sticky Lemon Sponge & Custard Sticky Lemon Sponge & Custard Sticky Lemon Sponge & Sticky Lemon Sponge & Sandwich Or Tuna Mayo Sandwich Sticky Lemon Sponge &	Chicken Meatballs With Tomato & Basil Pasta Roast Squash & Bean Tacos Quorn Hot Dog Diced Potatoes Chickpea & Tomato & Pepper Parcel Chickpea & Tomato & Pepper Parcel Roasted Root Vegetables, Peas Baked Beans, Tuna Mayo, cheese Lemon & Sultana Oat Cookie Halal Chicken Roll Or Cheese Sandwich Lemon & Sultana Oat Cookie Sticky Lemon Sponge & Chocolate Brownie & Chocolate Sauce Tuna Mayo Roll Or Cheese Sandwich Sandwich Sticky Lemon Sponge & Chocolate Brownie & Chocolate Brownie & Chocolate Sauce Chocolate Brownie & Chocolate Browni	Chicken Meatballs With Tomato & Basil Pasta Sweet & Sour Chicken With 50/50 Rice Roast Chicken, Stuffing, Roast Potatoes, Yorkshire Pudding & Gravy Chickpea & Tomato & Pepper Parcel Roasted Root Vegetable Pasta Broccoli, Carrots Broccoli, Carrots Baked Beans, Tuna Mayo, cheese Lemon & Sultana Oat Cookie Chickpea & Tomato & Pepper Parcel Chickpea & Tomato & Pepper Parcel Roasted Root Vegetables, Peas Broccoli, Carrots Baked Beans, Tuna Mayo, cheese Chocolate Brownie & Custard Tuna Mayo Roll Or Cheese Sandwich Sticky Lemon Sponge & Chocolate Brownie & Custard Tuna Mayo Roll Or Cheese Sandwich Sticky Lemon Sponge & Chocolate Brownie & Chocolate Brownie & Chocolate Sauce Tuna Mayo Sandwich Or Halal Chicken Roll Pear Oat Crumble & Chocolate Brownie & Clistard





